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# Head Start

Serving Children and  
Families since 1965



Community Action Opportunities

HELPING PEOPLE. CHANGING LIVES.

25 Gaston Street Asheville, North Carolina 28801  
828.252.2495 [www.communityactionopportunities.org](http://www.communityactionopportunities.org)

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# Introduction

- Community Action Opportunities
  - Overview of Head Start
  - How we work with Children and Families
  - Measuring Success: Outputs and Outcomes
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# Community Action Opportunities (CAO)

CAO is the local community action agency, a private, non-profit organization created in 1964 to address and solve the social problems that keep people poor in Madison and Buncombe Counties. It's board structure has elected public officials, private sector representatives and residents who live on low incomes.

## **Vision Statement**

Community Action Opportunities is a customer-focused, results-oriented organization, recognized as a catalyst for positive individual, family, and community change.

## **Mission Statement**

Community Action Opportunities helps people who live on limited incomes transform their lives. Our dedicated, diverse staff and exceptional leadership: deliver comprehensive, high quality services, build and support strong partnerships, and mobilize community action to create positive change.

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# CAO Programs

- **LifeWorks Self-Sufficiency Program** participants learn to set specific life goals and find ways to achieve them within one to three years. We provide participants with the resources and support they need to:
  - get and keep better jobs
  - obtain educational/vocational training
  - rent or buy safe and affordable housing
  - build self-esteem and a strong work ethic
- **Weatherization Services** help elderly, disabled and residents who live on limited incomes in Buncombe and Madison Counties to stay warmer in winter, cooler in summer and save money by reducing fuel and electric bills.
- **Heating/Air Appliance Repair/Replacement Program** helps people whose furnaces work improperly or not at all. A Weatherization crew assesses furnaces and determines if we need to repair or replace the appliance.
- **Child & Family Development Services**

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# CAO Child & Family Development Services

Provides comprehensive child and family development services guided by the Head Start philosophy and goals to help children and families succeed in school and life

- **Child Development Services** provide a comprehensive approach to meeting the individual needs of each child's educational, physical, social and emotional development.
  - **Family Development Services** provide support for families to set and achieve goals, develop skills and connect with resources to strengthen the family and to support each child's development.
  - **Preschool Resource and Management Services** provide expertise in early childhood education and management of preschool programs based on the Head Start philosophy and goals.
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# CAO Child & Family Development Services

## – Programs and Funding Streams

- Head Start – Full-day & Part-day
  - More at Four
  - Child Care Subsidy
  - Smart Start Sustaining Facility Quality
  - Child and Adult Care Food Program
  - In-Kind Salaries and Rent
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All children deserve the best possible start in life, but this goal can be hard for many families to accomplish alone.

That's where Head Start comes in to make a difference in the lives of children and families.



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# The Head Start Program

- A comprehensive child and family development program serving children from age 3 to 5 and their families.



- We help parents with their child's physical, educational, social, and emotional needs.
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# Head Start

- The overall goal is increasing the school readiness of young children in low-income families.



- Head Start is free to all eligible families.
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# Head Start – A Long Tradition

- Developed in 1964 to serve disadvantaged pre-school children.
- Began as a summer program in 1965, and became a school-year program in 1966.
- Designed to help break the cycle of poverty by providing preschool children of low-income families with a comprehensive program to meet their emotional, social, health, nutritional, and psychological needs.

## Head Start Program To Begin In County Monday

### Teachers, Aides Named; Sessions To Be Held In 8 Schools

The 1966 Madison County Head Start program will begin in the eight county centers on Monday, June 20 at 10 a. m., it has been announced by J. C. Wallin, Head Start director in Madison County. The following teachers and their aides were announced by Mr. Wallin this week:

Spring Creek, Mrs. Viola Fowler, teacher; Betty Green, aide.  
Hot Springs, Mrs. Alma Fowler, teacher, Ruby Puryear, aide.  
Laurel, Mrs. Glennis Kay, teacher; June Bullman, aide.  
Walnut, Mrs. Obay Ramsey, teacher; Sharon Burnette, aide.  
Marshall, Mrs. Eva Sams, Mrs. Jessie Worley, Mrs. Reva Flemmons, teachers; Mrs. Valerie Shelton, Mrs. Viola Reeves, Billie Jean Haynie, aides.  
Mars Hill, Mrs. Ayeres Briggs, Mrs. Peggy Thomas, teachers; Mrs. Julia Hawkins, aide.  
Beech Glen, Miss Edith Radford, teacher; Ruth Robinson, aide.  
Ebbe Chapel, Donna Jenkins, teacher; Miss Judy Honeycutt, aide.

All students are requested to present a birth certificate to the teacher the first day.

Mr. Wallin also stated that insurance will be provided to cover the child from the time he leaves home until he returns home from school. Free meals, medical care and transportation are also provided.

"Any persons are welcome to participate in the program as volunteers. If you have a story, song or experience you could share with these young people, please do so," Wallin remarked.

The teachers have been contacting prospective students in the communities this week regarding the school. If, for any reason a child who is eligible is not contacted, the parent is requested to present the child at the center in its school district next Monday for enrollment. "Only children eligible for enrollment in school this Fall are to attend this Head Start program," Mr. Wallin said.

**Madison County  
News Record  
June, 1966**

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# Head Start

- Early Head Start, which serves low income pregnant women, infants and toddlers, began in 1994.
  - The legislative mandate for Head Start comes from the United States Congress.
  - Funds are appropriated annually by Congress.
  - Congress must re-authorized Head Start every five years.
    - Re-Authorization is Congress' opportunity to make changes to Head Start.
    - Proposed changes include increased requirements for teacher education and increased collaboration with local school systems.
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# Head Start Embraces Diversity

- The entire range of Head Start services is responsive, appropriate and individualized to each child's and family's developmental, ethnic, cultural, and linguistic heritage and experience.





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# Head Start Focuses on Quality

- The Head Start Performance Standards are the set of Federal Rules which define the services that all Head Start programs must provide to the children and families we serve.
  - The Performance Standards have been used as a framework for other child development programs.
  - Out of 22 local Head Start classrooms and centers:
    - 11 are 5 Star facilities
    - 11 are 4 Star facilities
  - Our salary and benefit package is competitive with local schools.
  - Of the 32 Head Start Teachers:
    - 22 have Associates or Bachelors degrees in ECE or related fields
    - 10 have Bachelors degrees in unrelated fields or CDA's
    - 19 teachers are currently enrolled in BK degree or license programs
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# Head Start Funding & Children Served

- Head Start programs are locally administered by community-based non-profit organizations and school systems.
- Federal funds come straight to the local Head Start agency.

<b>Fiscal Year 2004</b>	<b><u>Allocation</u></b>	<b><u>Enrollment</u></b>
■ United States	<b>\$ 6,773,909,000</b>	905,851
■ North Carolina	\$ 139,359,686	19,098
■ CAO	\$ 4,295,470	552

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# Head Start is available at 22 Sites with 32 Classrooms in Buncombe & Madison

- Asheville City Pre-school
- Barnardsville Elementary
- Bell Elementary
- Black Mountain Primary
- Candler Elementary
- W. W. Estes Elementary
- Fairview Elementary
- Glen Arden Elementary
- Haw Creek Elementary
- Leicester Elementary
- North Buncombe Elementary
- Sandhill-Venable Elementary
- Weaverville Primary
- West Buncombe Elementary
- W. D. Williams Elementary

- The Lonnie D. Burton Center at Livingston
- Hillcrest Head Start Center
- Pisgahview Head Start Center

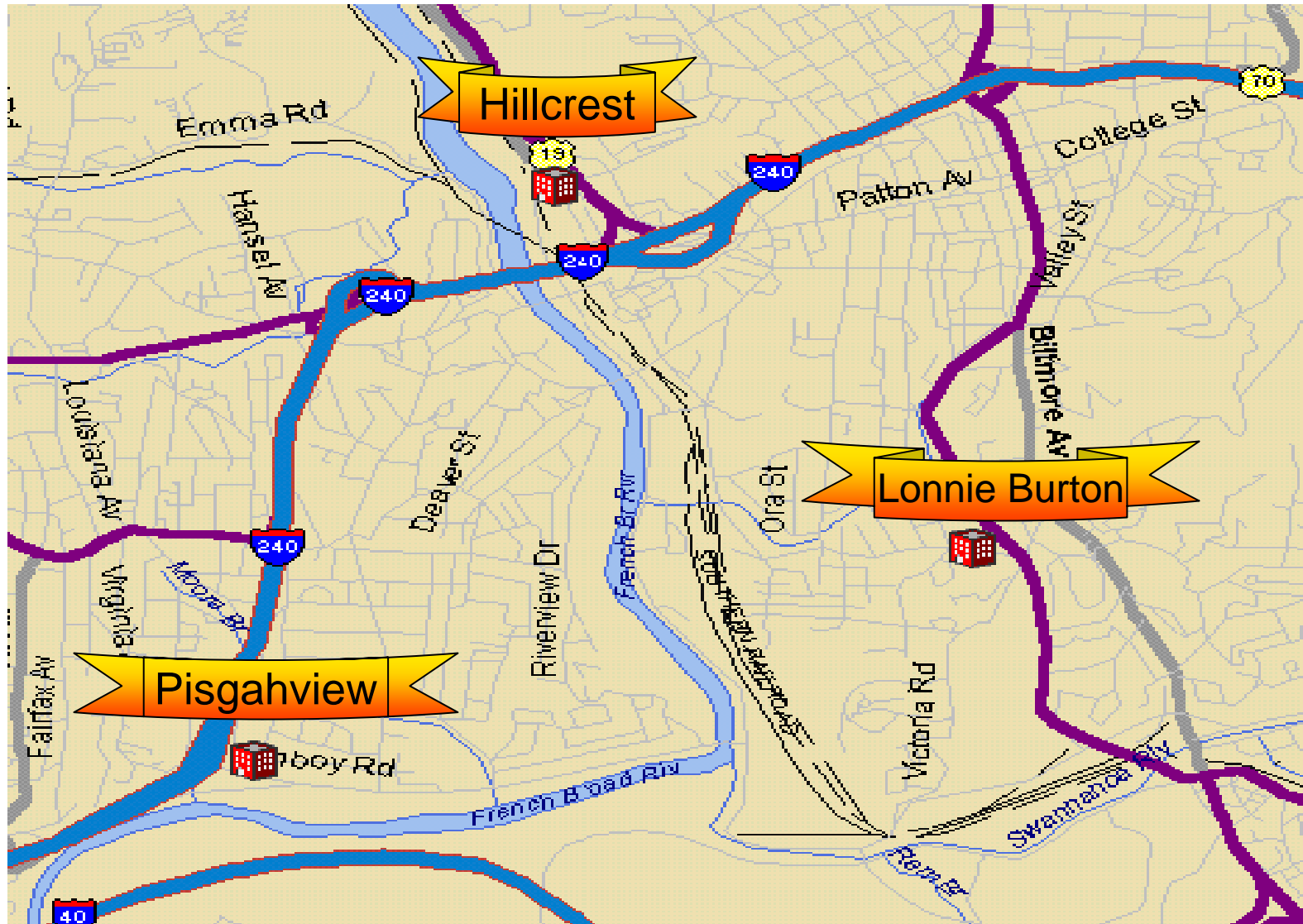
## Madison County

- Brush Creek Elementary
  - Hot Springs Elementary
  - Laurel Elementary
  - Mars Hill Elementary
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# Head Start Classroom Locations



# Head Start Center Locations





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# Head Start – Serving Children and Families

- Head Start programs provide a range of services individualized for children and families
    - Education and Early Childhood Development
    - Health and Disabilities Services
    - Family Services and Parent Involvement
  - Community Collaborations
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# Education Services

- Utilizes Creative Curriculum and a web-based developmental continuum assessment tool.
- Provides constant communication with families through home visits, teacher conferences and progress reports.
- On-going child assessments support individualized planning.
- Tracks child outcomes



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# Health Services

- Ensures children receive physicals, immunizations and screenings.
    - Developmental, Hearing, Vision, Dental, Nutrition, Mental Health
  - Assists parents with finding a medical home and to obtain the necessary care for their children.
    - We make referrals, set appointments, provide transportation, and pay for services. We paid over \$53,000 dollars for dental services last year.
  - Parent health education.
  - Head Start Health Services Advisory Committee.
    - Local providers consult on procedures and protocols.
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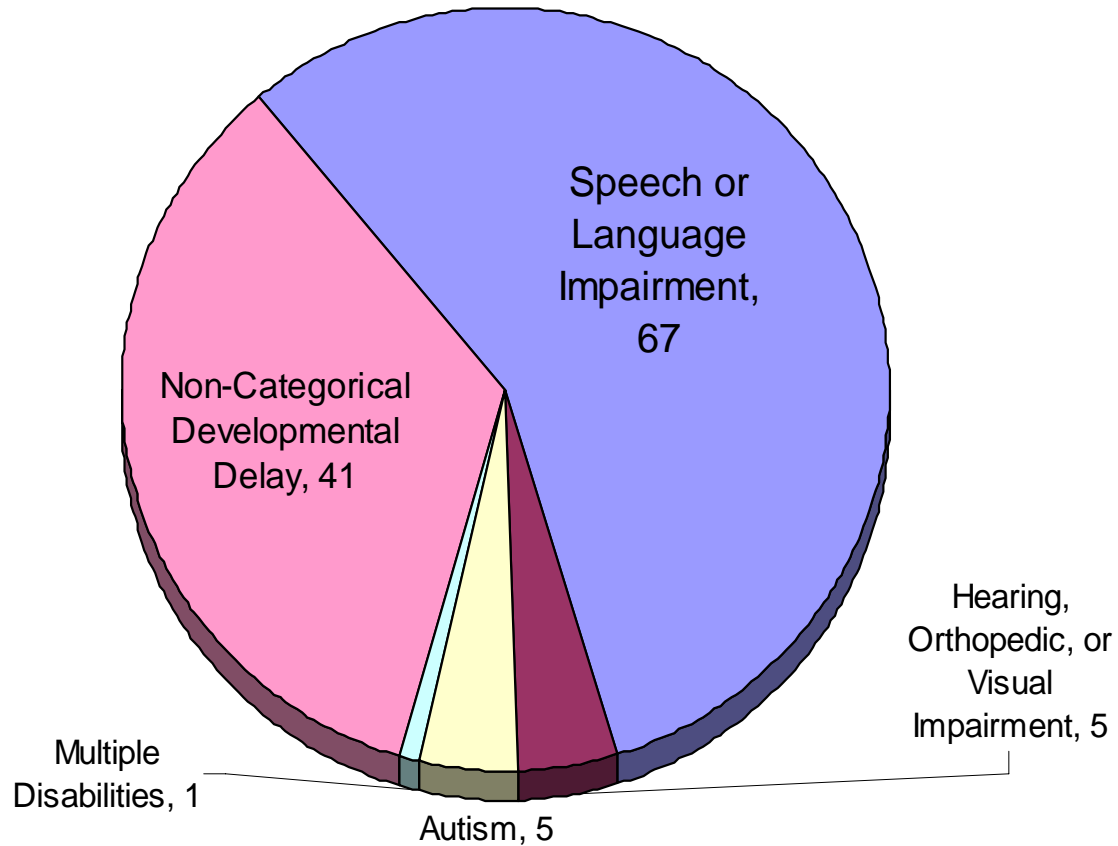
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# Disability Services

- Health and developmental screenings help identify children with special needs.
  - Facilitate further screening and participate in IEP process.
  - Provide referrals and work closely with the school systems to ensure appropriate services are provided.
  - Educate families to become advocates for themselves and their children.
  - Collaborative agreement with Buncombe County Schools to serve special needs children.
  - 10% of Head Start funded enrollment must be available to serve diagnosed special needs children.
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# Served 19% Special Needs Children

**Diagnosed Disabilities**  
**School Year 2004-2005**





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# Family Services

- Recruits and enrolls eligible children and families into Head Start.
  - Assists families with assessing strengths, setting goals, and follow up.
  - Provides community referrals and resources to meet families' needs.
  - Encourages parent participation in volunteer opportunities, workshops and program governance.
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# Family and Parent Involvement

Families are encouraged to participate in:

- Parent Activities and Workshops
  - Volunteer Opportunities
  - Classroom Activities
  - Family Goal Setting Process
  - Program Governance
    - Classroom Committee Meetings
    - Policy Council – Head Start governing board
    - CAO Board of Directors
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# Community Collaborations

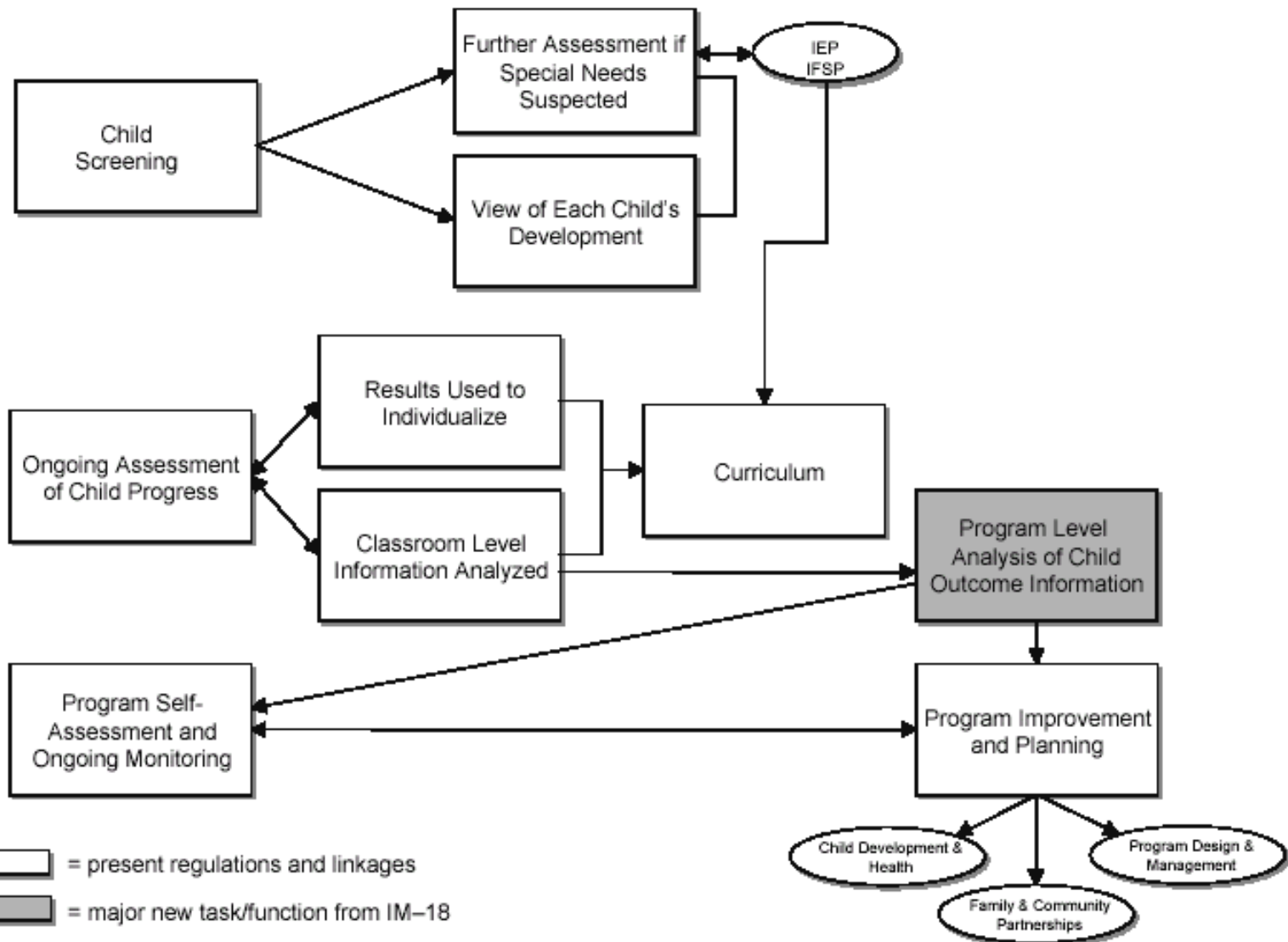
- Congress measures community support for Head Start by requiring a four to one local match for federal dollars.
    - We meet this through in-kind salaries and rent in addition to Smart Start and More at Four revenues.
  - Locally we collaborate in many different ways and with many different agencies:
    - Buncombe County Smart Start
    - Madison County Smart Start
    - More at Four Program
    - County & City School Systems
    - Asheville Housing Authority
    - Asheville Park and Recreation
    - United Way
    - Buncombe County Child Care Services
    - NC Children's Developmental Service Agency
    - Buncombe County Health Center
    - Department of Social Services
    - Job Link Career Center
    - **and many others**
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# Head Start 2004 - 2005 School Year

<b>STAFF</b>	91		
<b>VOLUNTEERS</b>	797		
<b>CHILDREN</b>			
Funded Enrollment	552		
3 Year olds	218	34%	
4 Year olds	420	66%	
5 Year olds	0	0%	
Total Annual Enrollment	638	116%	
<b>RACE</b>			
Black/African American	163	26%	
Hispanic/Latino	135	21%	
White	320	50%	
Bi/Multi-Racial & Other	20	3%	

<b>PRIMARY LANGUAGE</b>			
English	501	79%	
Spanish	126	20%	
Other	11	2%	
<b>HEALTH SERVICES PROVIDED</b>			
Completed Medical Screenings	525	82%	
Needed Medical Treatment	110	21%	
Completed Medical Treatment	110	100%	
Completed Dental Exam	579	91%	
Needed Dental Treatment	254	44%	
Completed Dental Treatment	223	88%	

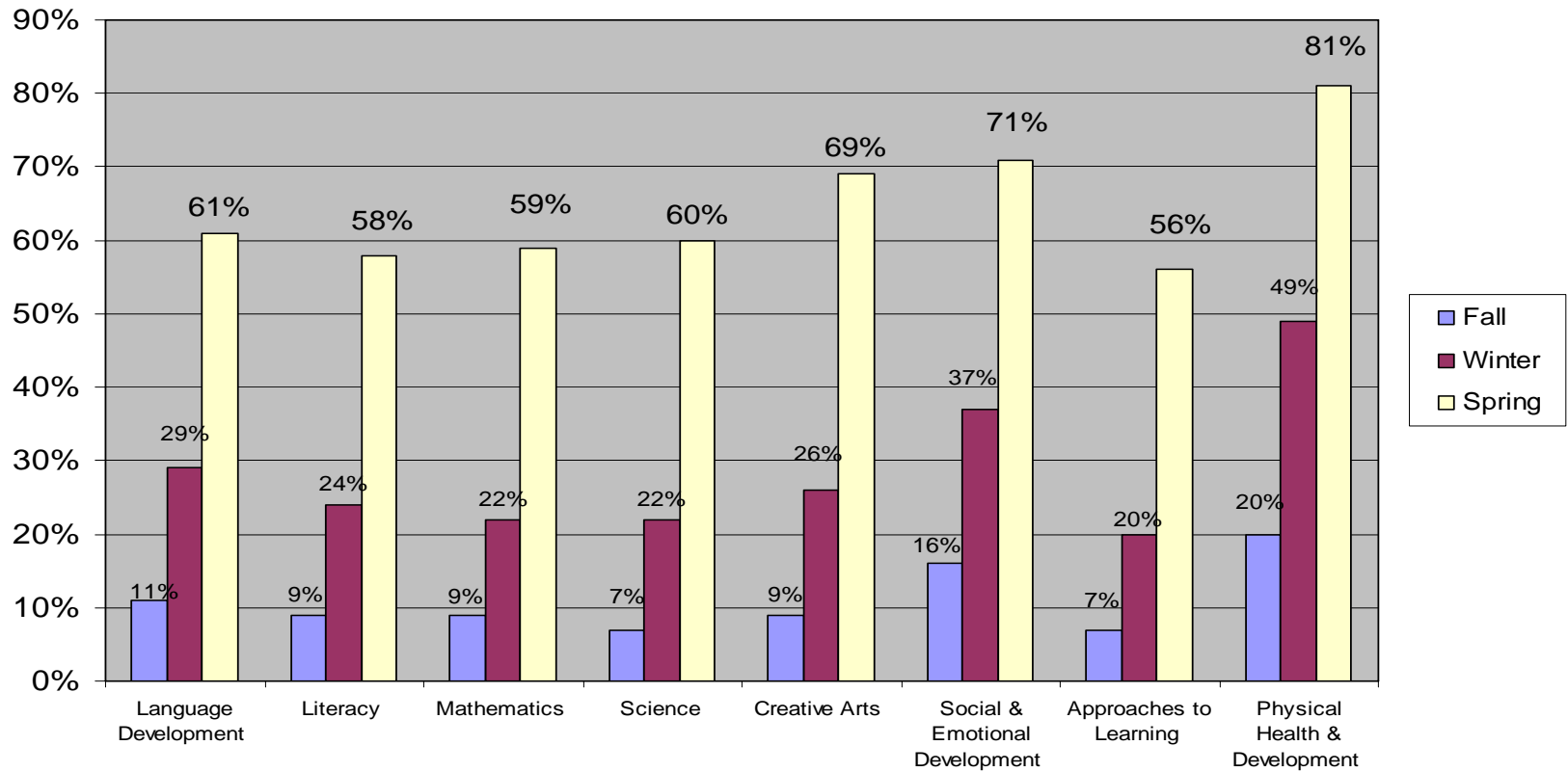
# Path to Positive Child Outcomes



# Head Start Child Outcomes

## School Year 2004-2005

4 - 5 Year Old's Progress in Step III



Head Start Child Outcomes Domains



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# Determine Eligibility Based upon Need

- Children must be from three to five years of age.
    - Children must be 3 by Oct. 16 or 5 after Oct. 16
  - Families meet income criteria if they are at or below the Federal Poverty Guidelines, for example a family of four may receive no more than \$19,350 per year.
  - Children are enrolled using a point system based upon age, disability, family income, and special considerations.
    - Special considerations include family social needs, child health needs, community referrals, TANF/SSI recipients.
  - Head Start may accept up to 10% of families who exceed the poverty guidelines.
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# How to Apply or Refer a Family

- Head Start accepts applications any time throughout the year and we help parents complete the application process.



1. Come by our offices at 25 Gaston Street, behind the Reid Center off of Livingston Street.
2. Call our office at 828-252-2495.
3. Return an information request card.

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# For more information on Head Start:

[communityactionopportunities.org](http://communityactionopportunities.org)

[headstartinfo.org](http://headstartinfo.org)

[communityactionpartnership.com](http://communityactionpartnership.com)

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